

CHILD HEALTH

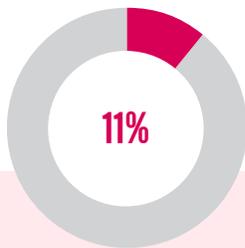
Maternal health: Healthy moms are essential to ensuring kids get off to the best start.



Moms need to be physically and mentally healthy in order to be the kind of parents they want and need to be for their kids. However, policies and practices driven by individual, structural and institutional racism mean that not all families have an equal chance at a healthy start.

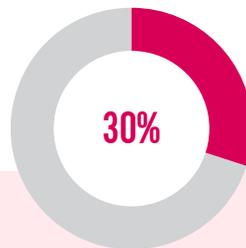
We can help families by ensuring access to family planning services, improving access to community birth workers, and improving the quality of mental and physical health care provided to pregnant and postpartum people.

Perinatal mood and anxiety disorders, including depression, are the most common complication associated with pregnancy, yet many new moms are not getting the treatment they need.



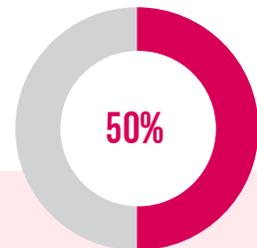
Among Colorado women who gave birth in the previous year, 1 in 9 reported experiencing postpartum depressive symptoms.

Source: Colorado Department of Public Health and Environment, 2018 PRAMS.



A separate survey found that nearly 1 in 3 new moms in Colorado had elevated anxiety scores on a commonly used screening tool.

Source: Colorado Department of Public Health and Environment, 2018 Health eMoms Survey.



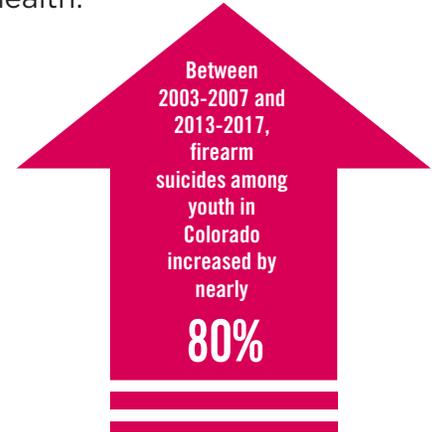
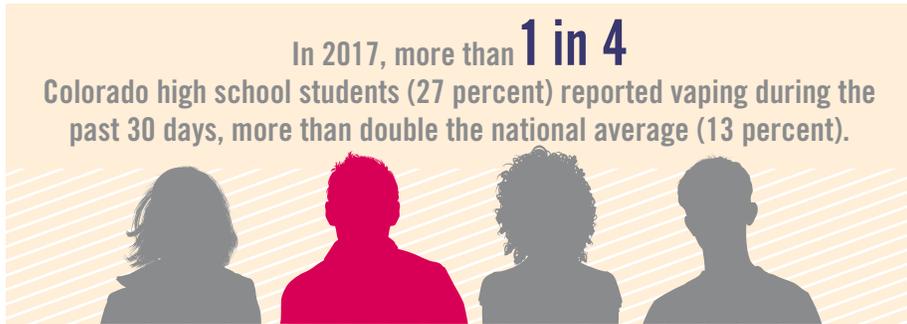
Nationally, half of women who had recently given birth and were diagnosed with depression did not get the treatment they needed.

Source: Mathematica Policy Research.

- Colorado's rate of maternal mortality has roughly doubled since 2008.
- In Colorado, people of Native American descent are nearly 5 times more likely to die during pregnancy or the first year postpartum than non-Native people.
- Pandemics, such as the one caused by the spread of COVID-19, can exacerbate underlying health disparities and reduce the quality and quantity of maternity health services that pregnant and postpartum people receive.

Adolescent Behavioral Health: Adolescence is a time of significant brain growth and critical development.

Adolescents need supportive environments, and too many Colorado teens struggle with behavioral health issues. We can help Colorado teens by keeping substances and firearms out of their reach and providing supportive communities and services to promote positive behavioral health.



Source: Colorado Children's Campaign analysis of data from the Centers for Disease Control and Prevention, National Center for Health Statistics, Underlying Cause of Death on CDC WONDER Online Database.

- The rate of teen suicide in Colorado is at historically high levels.
- In 2019, more than 1 in 3 Colorado high school students experienced symptoms of clinical depression according to the Healthy Kids Colorado Survey.
- School-based interventions are critical to supporting teen behavioral health. During the COVID-19 pandemic, Colorado teens have had less access to school-based services and environments that support their health.

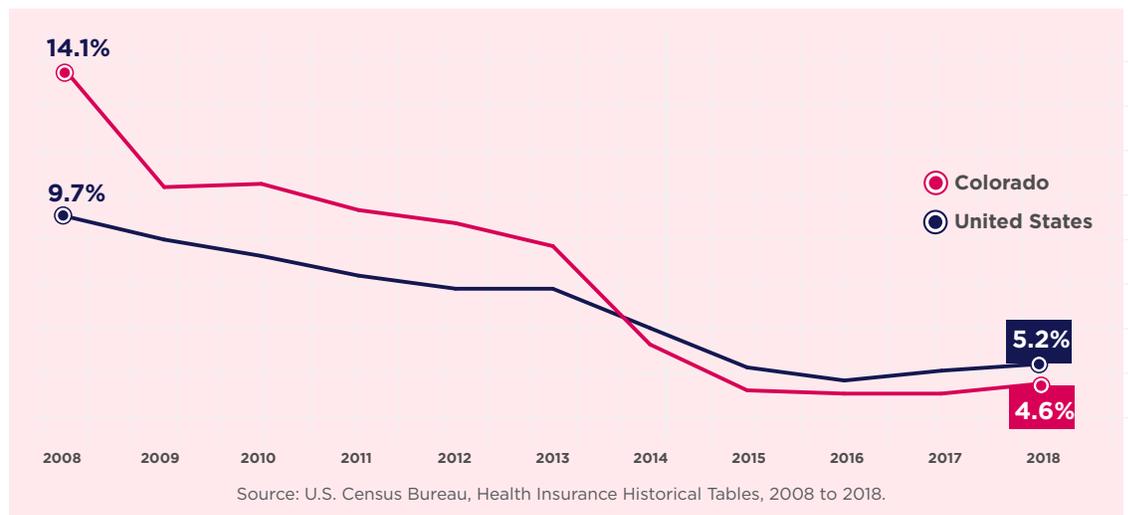
Health Insurance Coverage: Health insurance coverage is critical to family health and financial security.

Health insurance coverage provides access to the physical, mental and oral health services that pregnant people and kids need to stay healthy, and it protects family financial resources. Colorado has made great progress in covering all kids, but 60,000 Colorado kids still lack health insurance coverage – and that was before the economic crisis caused by COVID-19.

All Colorado kids and families need access to quality, affordable and continuous health insurance.

THE UNINSURED RATE FOR COLORADO CHILDREN HAS FALLEN SIGNIFICANTLY SINCE 2008, BUT PROGRESS HAS STALLED IN THE PAST THREE YEARS.

CHILDREN UNDER 19 WITHOUT HEALTH INSURANCE, U.S. AND COLORADO



- Medicaid and the Child Health Plan Plus (CHP+) currently cover 50 percent of the state's children.
- Health insurance coverage improves mental health and decreases infant, child, and maternal mortality rates.
- Kids with publicly-financed health insurance coverage are less likely to drop out of high school, more likely to finish college and have higher incomes as adults than their peers who lack health coverage.



1580 Lincoln Street, Suite 420
Denver, Colorado 80203

303.839.1580
www.coloradokids.org